



# Dance Theatre of Ireland Centre for Dance

## Contemporary

### Beginners

Thursday 6.45-8.00pm

(includes some Hip Hop)

Saturday 10-11.15am

(emphasis on Body Conditioning through Dance)

### Intermediate

Wednesday 6.45-8.00pm

3 classes  
every  
week!

Contemporary or modern dance is one of *THE* most popular dance forms at DTI. The basics and much more. A warm-up which stretches and strengthens and routines that *MOVE!* To popular and world music in a variety of styles developing stamina, range and musicality. A great class for overall fitness and integration of body and mind. Learn, large flowing movements as well as modern routines. A very fun class for the soul and body!

### To Register:

Email us at

info@dancetheatreireland.com or  
call us on 2803455

Or Print out and fill in our  
Registration Form (on the  
*Classes Page*) and return with  
your fee (cheque or postal order)

Or drop into our studio to register  
& pay in person



T 280 3455 F 280 3466  
E info@dancetheatreireland.com  
www.dancetheatreireland.com

Dance Theatre of Ireland  
Bloomfields Centre  
Lower Georges St.  
Dun Laoghaire, Dublin

